



Tools For Action

A sample of physical education initiatives in Wisconsin

Learn To Ski/Snowboard Program

Contact Information

Main Contact Person Sue Paulson
Title of Main Contact Physical Education Teacher
School Name Horning Middle School
School District Name Waukesha
Contact Phone Number 262-970-3335
Contact Email Address

Program Information

Program Name Learn To Ski/Snowboard Program
Program Category After school activity
Grade Level Middle School (6-8)
Assessment Method

Program Information

Products Developed or Materials Used:

Program Description:

I work with the local ski hill in the area. Participants can be parents, students, and siblings. I organize the trip and the hill provides 4 one hour lessons and equipment if needed. We go to the hill once a week. After they complete the lessons they receive a discount card to the hill.

For information on other **Physical Education Best Practices**, visit the website at:
<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at jon.hisgen@dpi.state.wi.us

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:
<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at brian.weaver@dpi.state.wi.us

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:

or contact staff at: Meineam@dhfs.state.wi.us (Amy Meinen, Nutrition Coordinator)
Morgajg@dhfs.state.wi.us (Jon Morgan, Physical Activity Coordinator)
Pesikme@dhfs.state.wi.us (Mary Pesik, Program and Grant Coordinator)